

# Dikgotlopo di ka- go šireletša\*



Ge dikgotlopo tša banna letja mo basadi di dirišwa ka mehla le ka tshwanelo, di šireletša monna le mosadi go Malwetji a thobalano di STI ka moka le HIV



Bakeng sa basadi, go diriša dikgotlopo tša mo Banna le mo basadi ka mehla le ka moo go nepagetšego goka fana ka tšhireletšego gabedi. Dikgotlopo di šireletša kgahlanong le go ima go sa ikemisetjago swanelaqgo. Go kaone go nwa Shomisha dithibelapelego le go diriša kgotlopo.



O kgothaletšwa go ya ka mehla kliniking ya lefelong la gago geno go hlahloba malwetji ka moka a thobalano bakeng sa STI le ge e le efe.



Tseba maemo a gago!

\* Dikgotlopo tša mmušo di dumeletšwe ke Ofisi ya Ditekanyetšo ya Afrika Borwa.

# Moo o ka hwetšago thušo

1

O ka hwetša dikgotlopo klinikingya kgaufswi le moo o dulago.

2

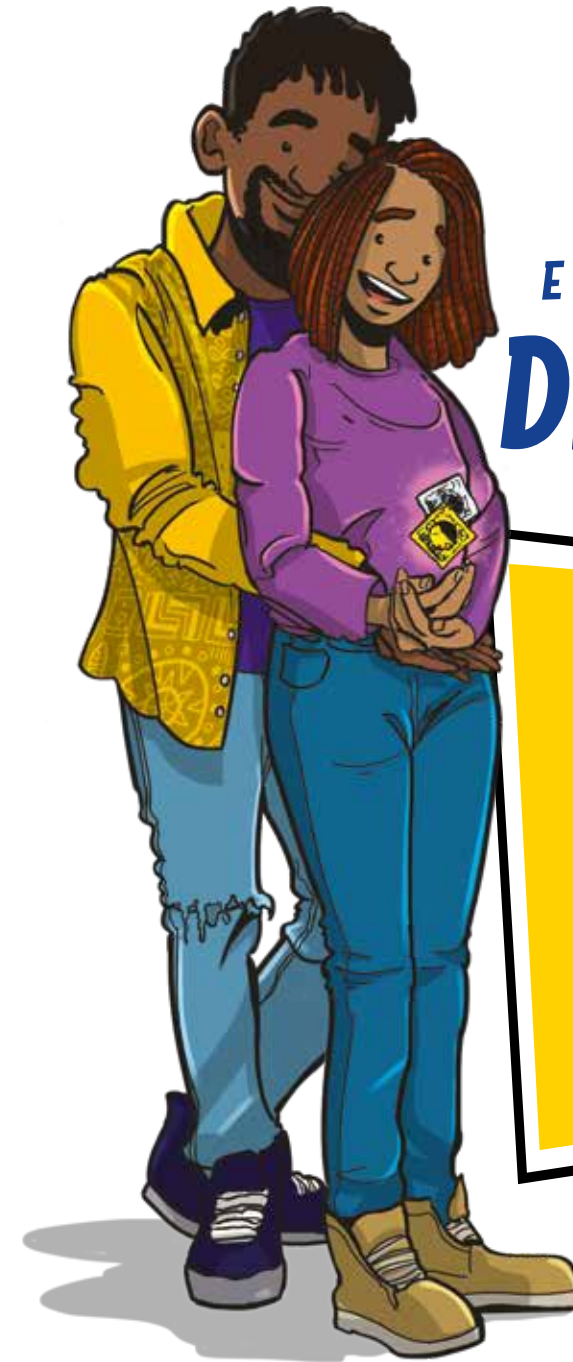
Thembaletu Nkomazi Shongwe Mission, Schoemansdal, 013 781 4259

3

Malapa a ka Moso  
10 Irwin Street, Musina  
Tel: 015 534 0212  
078 526 0523

4

Bakeng sa tshedimošo e oketšegilego ka mafelo a tša maphelo le mekgatlo kgaufswi le wena, o ka diriša linki ye ya mahala ya tshedimošo.  
O swanetše go laeta lefelo mogaleng wa gago, gomme o fetele linking ye <https://bit.ly/3A8WwDK>



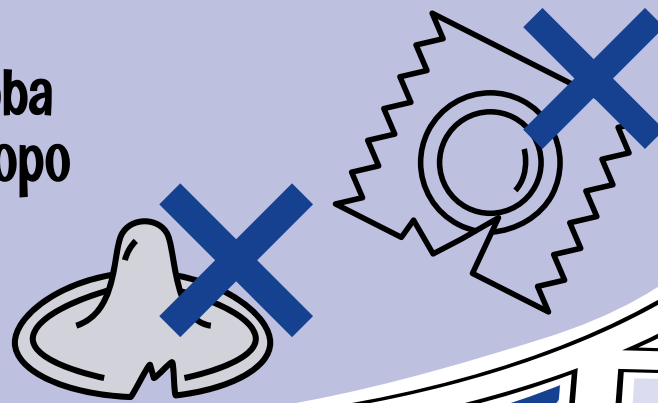
E ba le maikarabelo, diriša  
**Dikgotlopo**

**THOBELA!  
KE RENA  
STEPHANIE LE  
THABO**

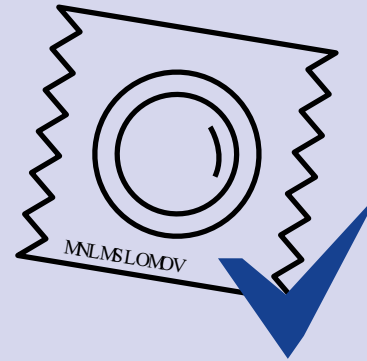
**A RE BOLELE KA  
DIKGOTLOPO**

# Tsela e nepagetšego ya go diriša kgotlopo

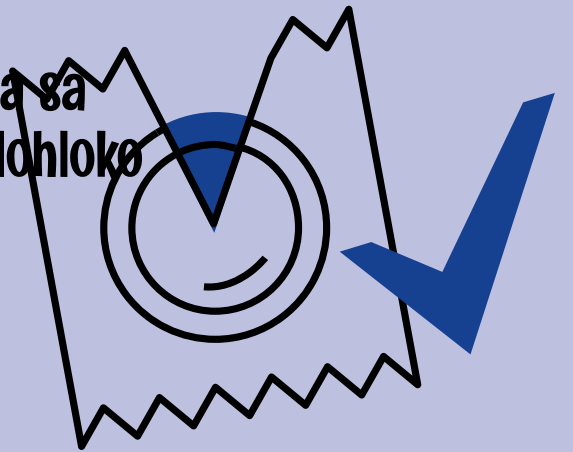
**1** Hlahloba gore kgotlopo ga se ya



**2** Kgonthisietsa gore kgotlopo ga se ya kgale



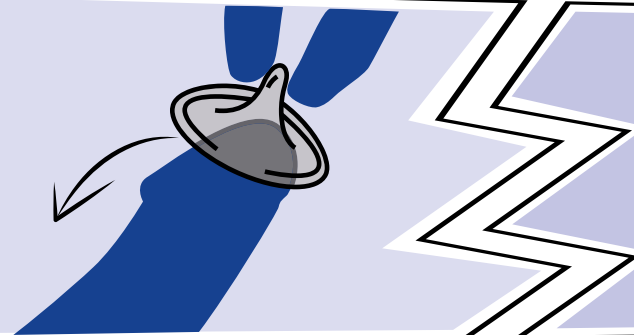
**3** Open sephuthelwana sa kgotlopo ka kelohloko



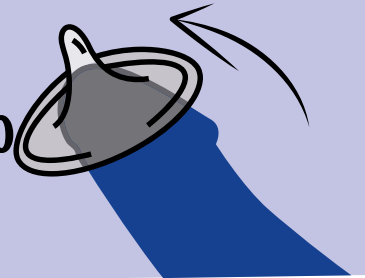
**4** Swara kgotlopo karolong ya godimo gomme o e kgurumeletse



**5** E bee karolong ya godimo setho sa bonna gomme o e tatolle



**6** Tlosa kgotlopo pele go tsogelwa ga gago go felela



**7** Apola kgotlopo ka kelohloko, e dikolose o e tleme, e tatetse ka thisu, gomme o e lahlele ka ditlakaleng



**8** Go dirisa metsana a mapai ke go gabotse, eupsa o dirise metsana a mapai feela.  
(makhura a go apea, baseline, bjal.bjal)

**9** O se ke wa dirisa kgotlopo go feta gatee

