



What is Caregiver Learning Through Play?

The Caregiver Learning Through Play (CLTP) programme is a set of training sessions for caregivers and parents of children aged 0 – 6 years. During the training sessions, caregivers are provided with the knowledge, skills, activities and tools to help their children to learn through play at home.

How Does Play Benefit Your Child?

The first 5 years of a child's life are very important for their development and healthy growth. Playing is needed for children to build their brains, develop their imagination, help them learn to problem-solve, promote their physical well-being, and help children to build strong relationships which have emotional and behavioural benefits.

It is through play that children are able to explore the world around them and understand it. Play from an early age gives children a chance at life allowing them to do well at school and have a successful future.

Play for children is learning.

Training:

Training is provided for free to caregivers of children aged between 0 and 6 years.

During the 4 training sessions;

1. Caregivers are supported to understand the important role they play in a child's development.
2. Caregivers are taught the characteristics of play and how play leads to a child's learning and development.
3. Caregivers learn the about responsive care and playful parenting, and their benefits for children.
4. Caregivers are trained to identify and plan play-based opportunities at home.

If you would like to receive the Caregiver Learning Through Play training in your area, please call, message, or WhatsApp:

Name & Surname: _____

Cell phone number: _____