



THOBELA! **Itlhalose!**
 KE RENA AGNES
 LE THABELO.
 RE RATA GO
 GO BOTSA
 MABAPI LE
 SGBV

Nkore Aowa go Tlailšo ya Bong bjo Itšego (GBV)

GBV ke eng?

Ke ge motho yo mongwe a go gobaša ka tša thobalano goba mmeleng ka baka la bong goba ka ge ba na le maatla godimo ga gago.



Bafaladi bao ba se nago dipampiri gantši ba tšhaba go bega go GBV ka ge ba tšhaba go rakwa nageng O se lebale, le ge o se na dipampiri mo Afrika Borwa, o ka bega. Ikgokaganye le mokgatlo wa phousetara ye.



- GBV e ka diragalela bobedi banna le basadi.
- E ka direga kae le kae.



**HWETŠA
 THUSO
 LEHONO
 GO MATS
 OGONG
 A GAGO**

Mekgatlo

o ka ikgokaganya ge e ba o kgomilwe ke SGBV

Mogala wa Tlailšo ya ka Gae:
0800 150 150

Lefelo la Bolaodi bja Tlailšo ya Bong bjo Itšego:
0800 428 428, sms *120*7867

Lefelo la Mathata a go Katwa:
Telephone: 021 447 9762
Whatsapp support line: 083 222 5164.
Childline 0800 055 555

Seo o ka se dirago

Botša motho yoo o mo tshepago.

Itlhalose!

Bega maphodiseng ka pele kamoo go kgonegago bakeng sa thušo.

Leletša o mongwe wa mekgatlo e lego ka tlase phousetareng ye.

O se homole

Ge o bega bosenyi

Maphodisa a tla go thuša gore o bule kheise.

O ka botšiša maphodisa ka tšhireletšo ya taolo.

Tšea diaparo le diphenhi tšeo o bego o di apere ge o katwa, go maphodisa.

Ba di hloka bakeng sa tekolo ya DNA.

Etela Lefelo la tlhokomelo la Thuthuzela ge e ba le le gona kgaufsi le wena.

Batho ba bogole: Sms 'Help' to 31531	Bathibi ba Bosenyi Afrika Borwa: 08600 10111	Mogala wa go Hulwa ga Batho: 0800 222 777
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